

# Backpacking List



## Trail

### Clothing

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> rain coat     | <input type="checkbox"/> polypro pants         | <input type="checkbox"/> beanie                         |
| <input type="checkbox"/> rain pants    | <input type="checkbox"/> camp pants            | <input type="checkbox"/> belt                           |
| <input type="checkbox"/> socks         | <input type="checkbox"/> fleece pants          | <input type="checkbox"/> gloves                         |
| <input type="checkbox"/> swim shorts   | <input type="checkbox"/> light wt hiking pants | <input type="checkbox"/> boots/ trail shoes             |
| <input type="checkbox"/> shorts        | <input type="checkbox"/> underwear             | <input type="checkbox"/> sandals                        |
| <input type="checkbox"/> polypro shirt | <input type="checkbox"/> fleece top            | <input type="checkbox"/> ball cap                       |
|  | <input type="checkbox"/> down parka            | <input type="checkbox"/> gaiters (we provide if needed) |

### Kit:

- knife
- lighter
- compass
- toothbrush/paste
- moleskin
- fork/spoon
- bug repellent
- sunscreen

### Camping:

- cup (we provide if needed)
- water bottle
- headlamp
- sunglasses
- sleeping bag
- therm-a-rest/sleeping pad
- crazy creek (we provide if needed)

### extras:

- extra batteries
- earplugs/ eye cover
- bandana

### meds:

- Personal Rx

## Group Equipment

(we provide)

- Tent (we provide)  
(groundcovers, nest, poles)
- Stoves/ pots (we provide)
- Sat Phone (we provide)
- med kit (we provide)

### Climbing:

- harnesses (bring your own or we provide if needed)
- helmets (bring your own or we provide if needed)
- ice axe (bring your own or we provide if needed)

- crampons (we will let you know if you need to bring them)

### Covid-19 Options:

- Bivvy Sack (if you would prefer not to sleep in 4 person tents then feel free to bring your own bivvy sack)
- Stove/Fuel/Pot/Meals if you would prefer to cook your own food rather than as a community then please bring your own gear and meals (and let us know ahead of time).

### Program/Training:

- Req'd Text Books
- Bible/Journal/Pen  
(In ziploc or waterproof bag)

## Personal Travel

- Mask (Covid-19)
- Hand Sanitizer
- Debit Card, etc.
- Book

### *Clothing*

- Shorts
- Pants
- Shirts
- Underwear
- Socks
- Watch/ alarm

- Camera
- Journal
- Bible
- Pen(s)
- Computer
- Phone
- Cords  
(ipod, camera, computer)